* DAILY MAGAZINE PAGES FOR EVERYBODY*

Why Bother About Age? Mentality Is the Point By Winifred Black

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TATE Superintendent of Schools Edward A. Hyatt, of California, has told the teachers of his State that they needn't tell bow old they are-not to anybody-not at any time-except when they come to apply for a pension Hurrah for Supt. Hyatt, of California!

Why should Teacher tell her age any more than the car conductor-or the woman who comes to help wash the diahes after the party? Who cares boy old Teacher is so long as she can teach?

And who cares how young she is, if

she isn't a goose? Nobody pays any attention to age

nowadays. Nobody who is anybody, I an Of course, all the little persons who never do anything but get born, get married and get buried are very much excited

It makes a whole lot of difference whether a man is young or oldmentally. For it is all a matter of mentality-after all. A ditch digger is old at thirty-a statesman is too young to be given any

really important office till he is over fifty. The girl at twenty doesn't know that any one is alive but herself. Poor little thing, she'll find out soon enough The man at thirty hasn't begun to know anything about anybody-even

himself. When he begins to find out he begins to be worth while. How Old Was She.

Why should a woman tell her age-if she doesn't want to? Whose business is it how old she is? People of intelligence don't care and never even think. Why should she satisfy the idle curiosity of persons who are not intelligent?

The minute any one says to me, "How old is she?" I know all I want to know about the person who asks.

I once spent a delightful morning with a delightful woman. A woman who has charmed and enchanted an entire generation. A woman who has had every kind of man on earth in love with her-princes, dukes, statesmen, artists, musicians, writers, kings of finance, butchers, bakers, and

She was living in her own enchanting home in an enchanting village in an enchanting country. Her house was crammed with fascinating thingsshe cut the latest magazine with a pearl-handled dagger given her by the Sultan of Turkey. Our tea was served on a Dresden tray-a present from a deposed Empress. The candiesticks on the table had once belonged to a great Italian man of the people. The very shawl she wore came from India nd had belonged to the favorite of the harem.

That woman felt like talking that day and she talked. Stories, anecdotes, neidents-it would have been worth a fortune to any publisher to get her to write down the things she told us and give him permission to publish them. She talked about kings, coal heavers, a baker with a smutch of flour

gon his impassioned cheek, the greatest actor of his time, a prince in exile, murderer condemned to be hanged-she had letters from all of them, and love letters at that. And she showed them to us and laughed and cried and imicked and related.

Of a sudden, when her maid came to dress her to dine with a great personage, she caught her breath and gasped: "Heavens, what have I been

Age Is Time's Affair.

And we went out and picked our arms full of roses in a garden famous om one end of Europe to the other-and went away. When we got outside the gate, the poor nonentity I had been stupid ough to take with me clutched me by the arm. She could scarcely breathe in her hurry to speak

"How old do you suppose she is?" she stammered in her excitement. And that was all the poor nonentity ever had to say about that day of wonder with a woman of enchantment. How old is she?-that's all she thought

When she was reading us the King's letter-she looked so young. I in't have taken her for a day over twenty-five. But when she read that letter from the murderer she looked forty, if she looked a day. I kept rying to add up all the time from different dates-didn't you?"

And when I told her that I didn't care whether the woman was twentyive or fifty she stared-and didn't believe a word I said. How could she? the didn't speak the language.

Keep your age to yourself, Teacher, as long as you want to. It's noody's affair but your own-and, if you're the right sort of woman, it isn't

It's Time's-and Time will take care of it.

Advice to Girls \$

Dear Annie Laurie:

I am eighteen years of age. My mother objects seriously to my keeping company. She thinks it is all right to walk down the street

what you want to do or not. And then, she probably knows a good deal more about what you should do than you. What do you suppose her object is in trying to have you be circumspect? he's always seemed to be fond of ou, hasn't she? Why do you think he is trying to spite you now? Mother knows best, little girl, and if you're sensible you'll listen to what nother says, and listen to some good surpose.

Why should you bring a man into he house with you after you've been of the theater with him? You know erfectly well why your mother doesn't eant any man in the house with you ne after she has gone to bed, and knows that you know she knows And the young man knows. What's he use of making any mystery about to You are no different from any ther girl, and your young man is nobably just an average young man, and you ought to be thankful to have mother who knows enough, and who ares enough to look after you proporty. If the man really likes you hell mink all the more of you for following your mother's advice.

Be good now, and be sensible and e sweet, and then you stand some hance of being happy.

M. E. A.—Why shouldn't the young of man you write of dance with your friend, pray tell? If he were not your escort you had no possible claim on his attention, beyond the courtesy of dancing with you once or twice. Don't fret about such trivial things. You aren't in love with the young man, and have no possible reason to think he is in love with you.

Lonesome Polly-The very fact that ou have your head full of nonsense nd imagine, at sixteen that you are he love, shows that your parents are light in not allowing you to see too much of the young man. If you are both sensible and recognize the fact hat anything more than friendship at the control of the your age is an absurding the three is no reason, so far as know, why he should not come to be you occasionally or take you to a learty once in a while. have your head full of nonsense

worked such wonders for her, for one in the your parents are in the your of the your parents are in the your are in the your parents are in the your parents are in the your parents objected, before you of the your parents objected, before you of the your parents objected, before you occasionally or take you to a larty once in a while.

Perplexed—Do you care more for dancing or for the your man, who wisapproves of that form of amuse-inent? It is a perfectly harmless way for young people to enjoy themselves. Your friend is very, very silly to take the stand he does, but, unless you can be stand

D. P .- In one breath you say that you think the boy who is filling your flighty little head "loves" you, and in the next that he doesn't even "like you." /I all right to walk down the street with a fellow, or, perhaps, so to the "show," or church, but I must not bring him into the house after-ward.

PATIENCE.

ELL Patience, you're living with your mother, aren't you, and she's taking care of you, I suppose, isn't she?

So long as she supports you, you certainly owe her obedience, no matter whether what she wants you to do is what you want to do or not. And, then, what you want to do or not. And, then, what you want to do or not. And, then, what you want to do or not. And, then, what you want to do or not. And, then, what you want to do or not. And, then, what you want to do or not. And, then, what you want to do or not. And, then, what you want to do or not. And, then, what you want to do or not. And, then, what you want to do or not. And, then, whether what she wants you to do is show him that you are "crazy over him," as the girls say, it probably bores him. Have a little common sense, little girl, and remember that at fifteen there are a dozen more important things in the world than boys. They are all very well as playmates, a dozen of them if you like, but when you begin to think about them in the light of lovers, you simply make yourself ridiculous.

diagnosed by symptoms like scartet fever or tonsilitis. No one can tell but yourself whether or not you are in love with the man, who cares for you. If you are, however, you should have no difficulty in letting him know it. Your heart will show the way.

V. E.—Of all the siliy, silly little girls: To refuse a man you love for the simple reason that you are too shy to say "yes." What shall you tell him the next time he asks you? Why "yes." If you are too "taste."

Cakes get very dry in warm weather, but if placed in a tin box with an apple they will keep moist. Renew the apple when withered. The cake will not "taste." Rain spots on cloth need not be re-garded hopelessly. Wipe off the way of the nap with a silk handkerchief or very soft brush. If this be done quickly, tion—say your little "yes" and there will be nothing more for you to say. He'll take the matter into his own hands.

quart. Sunburn is not unbecoming, but it can be removed by washing the face in warm water in which a lemon has been squeezed and a pinch of borax added.

Dixle—If you really care for the girl you mention, if your love be worth so much as the snap of your finger, you won't talk about "dropping off gradual-ly." That is the meanest meaning the stains are very "summaerish." To remove them from white material, boil milk and hold the stained part in the for a minute. On linen apply powdered starch at once, and leave for a few hours.

Vacations At Home

By MRS. CHRISTINE FREDERICK.

HESE are days when many of us are flitting to camp and seachore, but many of us must stay at home tied down to the regular grind. For such of us it is still possible to get some vacation joys by deciding to camp out at home and to run our household as much as possible as we would run

a summer camp. Why is it that it takes us only half an hour to do cleaning in camp or bungalow? Why is it that odious cooking of three square meals is reduced to almost nothing in a summer cotage?

Why is it that the laundry question vanishes to a point in sensible vacation camp? Just because when we go to cottage or bungalow we are willing to in

bungalow we are willing to in truth lead the simple life. But why is it necessary to go to some other place, to some other setting, to lead the simple life? Why not let us vacation at home just as well as elsewhere? To do this we must first simplify the furnishings, lay away useless ornaments and remove every heavy hanging that will keep the house from easy care. Then let us simplify our home meals, and not try on hot summer days to copy the more elaborate dinners of the winter season.

son.
In summer, one substantial dish accompanied by a salad, and fruit or a light dessert with an iced beverage is sufficient for anyone's needs. Any dish or meal is enhanced fifty per cent by serving it "picnic" way. We may even have a spot on the porch or a tiny

"picnic" way. We may even have a spot on the porch, or a tiny section of a roof, or if we are lucky enough to have a whole back yard, so much the better.

Why have a hot roast and steaming vegetables on a hot and steaming evening? Cook the roast and vestables at 10 in the morning, let the roast lie without cutting so as to retain its julces and at night serve retain its juices and at night serve it in delicious silces with a salad made from the vegetable cooked early in the day. Why do we have sandwiches only at picnics? The sandwich offers the easiest method sandwich offers the easiest method of preparing and serving meat and bread, and all kinds of delicious fillings can be made and prepared in the morning, laid in paraffine paper to keep fresh until night. A salad may also be a substantial dish and the same meat, fish or eggs which we might rosed or fry we can serve we might roast or fry we can serve just as well cold if we add a piquancy of vinegar and spices. While there are many dainty things especially of person appar-el that we must spend time in laun-

el that we must spend time in laundering, it is surprising how much we can cut down this big item of work if we want to. Khaki jumpers, seersucker house dresses, ripplette bibs and rompers all save ironing. Paper napkins for the children and simpler services instead of long elaborate tablecloths will all cut down the big laundry bill, time and work.

Even if we can't go away we can perhaps explore our own town or the neighborhood around it which we have been too busy to do during the year. Doubtless strangers come on a "tour" to the very place we have lived in all our lives, and about which we know almost nothing. Here is the time to discover our own environtime to discover our own environment and get as much recreation as we can from everything about

I know two little girls who I know two little girls who every year give their mother a vacation. None of them can afford to go away from home, but the two girls pretend their mother is a guest, wait on her, plan the meals, and act as if she were almost a stranger. It is such fun, and means so much to a mother who finds time then to really rest in her own home and have some of the pleasures which she generally gives to others.

Are you sure you are getting all

Household Helps

water will keep them fresh much longer.

Soup quickly goes sour in the warm days, but it will keep sweet if a pinch of carbonate of soda is added to every

Fruit stains are very "summerish."

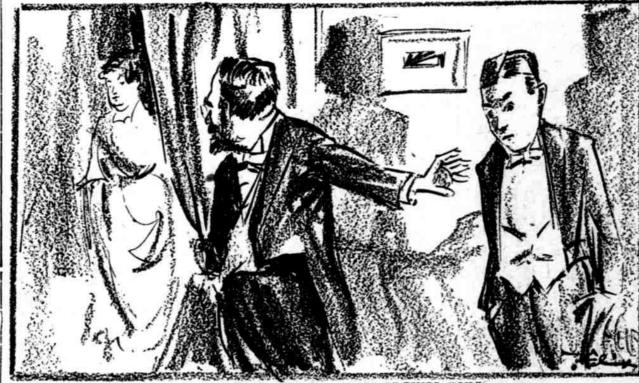
no marks will remain.

Are you sure you are getting all the possibilities of vacation joy, even if you must stay at home? First get the vacation spirit, and then see if you cannot so sim-plify your housekeeping that the hot season will bring you as much benefit as it does to those who go to a distance. (Copyright, Newspaper Feature Service.)

Peter's Adventures in Mairimony

By LEONA DALRYMPLE

Author of the new novel, "Diane of the Green Van," awarded a prize of \$10,000 by Ida M. Tarbell



HOLD TIGHT TO YOUR PURSE ST RINGS, BOY.

A WORD WITH FATHER-IN-LAW.

GLANCED at my watch. In a very little while now, thank heaven. Mary and I would be away from the fuss and frivol of our fashionionable wedding and safely started on our honeymoon. Downstairs bridesmaids and ushers were planning various rms of devilment. Mary was dressing. had taken me but a very few minutes o get into other clothes, and I was ully dressed when Mary's father rapped lightly on the door.

"Hello, Peter!" he said, pleasantly 'Dressed already? Come, smoke for a minute. Your best man is juggling suit

I fellowed him into an adjacent room where the male guests had found solace through the evening in wine and clgars. I like Mary's father. He's a kindly,

and ferns."

"Florists." said he, morosely, "are

robbers; caterers are pirates; livery-men are thieves in disguise Honestly, Peter, do you care for all this sort of thing-masses and masses of heavy-scented flowers and negroes juggling trays-and 600 wedding guests in a house "Honestly," said I, a little uncomfort-ble, "I don't."

And I strongly suspected from his haven't seen."
frowing air of dissatisfaction that We filed in Mary's wedding had strained his purse. This I regretted most sincerely, (I recalled how much Mrs. Penfield disliked his homely, affection-ate way of calling her Molly), Molly does. And so does Mary. They both regard a fashionable wedding as an inestment which brings usurious interest in the form of presents. I don't. When I suggested a simpler wedding Mary was so disappointed and cried so hard

and quarrel over anything. I've be sneaking around as unobtrusively as possible. What a waste of nerve energy, isn't it? I'm sure it i'd given you and Mary a check for the absolute expenses of all this fol-de-rol you could have bought much more satisfactory and useful stuff than the outlay has brought in gifts, and I'd be better

He was quiet so long that I wendered what was on his mind.

"Peter." he said, at last. "I don't want you to misunderstand me—and what I'm going to say is said in all loyalty to my wife and daughter. But keep a tight rein on the purse, my boy! Women are the very devil when they cent to running wild with money, parset to running wild with money, par-ticularly the women who've never made any of their own and couldn't if they tried. They'll fight a man to the finish about the money he spends on smoking tell him how foolish it is and how if they spent a similar sum on candy he'd kick, and then they turn square ground

ambitious chap, but somehow I always feel a little sorry for him. Where he makes one dollar, I am told—and he makes a good many—Mrs. Penfield spends two.

"House looks pretty, doesn't it, "House looks pretty, doesn't it, "It does, indeed:" I exclaimed, heartily. "You've certainly done things up in style for Mary. Heavens, man, you must have spent a fortune in flowers and ferns."

"Florists." said he, morosely, "are looks indeed:" I always feel a little more of her father's income and less of gewgaws. Still, most girls are a bit selfish, It binds us to a lifetime or other."

"In the Mary fad then they turn square-ground and blow in five times that amount on an ablow in five times that amount on an extra hat. I know.

"I quit smoking periodically to save money, but I find it ma'ces not one lota of difference. Molly, bleas her dear money, but I find it ma'ces not one lota of difference. Molly, bleas her dear heart gets away with that much more and trots her extra purchases out for me to admire. So when I get a little wedding. It isn't worth it.

"If we dress up the house to match the wedding presents," said I, feelingly, "I might as well go into bankruptcy are going to prune the presents down to fit the house, we'll have to pack away a cartload. And, Caesar's ghost! dear, it binds us to a lifetime of wedding charling the lower of the father's income and less of gewgaws. Still, most girls are a bit selfish, it binds us to a lifetime of wedding charling the lower of the father's labout weddings.

WEDDING PRESENTS.

We filed into a room which, when not masquerading as a show room, is the Penfield sewing room. Women, it seems, to me, are most adroit at artifice of this sort. The Penfield kitchen, on this, my wedding night, had miraculously become a handsomely furnished dining-room with the boiler and the stove hidden away behind great palms and showering roses, and the sink, by some alchemy known only to the Penfields, a necter table twined with roses at length.

I was shocked, but I was already learned, but I was already learning wisdom, and so I sald nothing. Mary and I had quarreled a few days tables of the cards upon the wedding gifts, and may onnaise, add six tables cards upon the wedding gifts, and may onnaise, add six tables the form the wedding gifts, and may only to the penfield supon the wedding gifts, and may onnaise, add six tables cards upon the wedding gifts, and may onnaise, add six tables the form the wedding gifts, and may onnaise, add six tables cards upon the wedding gifts, and may onnaise, add six tables the form the wedding gifts, and may onnaise, add six tables to be form a substant the end. I won dered now what had finally induced her to permit the display to be impersonal—to the penfields, a necter table twined with roses at length.

I was shocked, but I was already may on the display to leave days tables on the gifts, and may onnaise, add six tables may onnaise, add six tables on the gifts, and may onnaise, add six tables on the gifts, and may on the wedding gifts, and may onnaise, add six tables on the gifts, and may on the wedding gifts, and may on the wedding gifts, and may on the wedding gifts, and may on the same days cards upon the wedding gifts, and may on the may onnaise, add six tables on the gifts, and may on the wedding gifts, and may on the wedding gifts, and may on the wedding gifts, and may on the may on the wedding gifts, and may on the in the form of presents. I don't. When I suggested a simpler wedding Mary was so disappointed and cried so hard that I really hadn't the heart to deny her.

"Don't think I'm a piker, Peter," he added, hastily. "It isn't that, goodness knows, but a wedding like this isn't an investment that brings adquaters." There was no suggestion of sewing in the left room tonicht.

"Great Scott, Mary," I exclaimed, aghast, "I'm only a private secretary and this is a display for a millionaire." It was indeed, and it made me most uncomfortable. Our future house was to be a tiny cottage in a pretty lane on the cutskirts of town and how we could the outskirts of town, and how we cou use this aristocratic array was beyond me. And there were duplicates and duplicates—which to me represented until the total trouble for Mary—telephone calls notes, exchanges and chatter—other

There were seven sets of dinner gong There were seven sets of dinner gongs. There was a out glass punch bowl fine enough for the King of Slam. We could at no time afford to entertain regally enough to match the punch bowl or the boullion, cups heavily filigreed in gold. Privately, I would have been delighted if some enterprising burgiar had gotten away with the more spectacular things and left us merely sufficient silver and glass for a tastefully appointed table. For no matter how we arranged the stuff, it was going to make our little the stuff, it was going to make our little dining room ostentatious and over-weighted with glittering baubles. I sus-

ligations. All these people will certainly get back at us sometime or other."
"Peter." said Mary, "how perfectly horrid and mercenary." and then with that delightful inconsistency of which that delightful inconsistency of which some women seem utterly unaware, she added. "Peter, would you that Nan Carey would dare send me that horrid little glass dish after I spent nearly little glass dish after I s

Slimness by the Bran Muffin Diet

By LUCREZIA BORI

special arrangements have been made girl, and remember that at fifteen there are a dozen more important things in the world than boys. They are all very with Senorita Lucrefia Borl, the far solution of chlorate of tin, and then made about them in the light of lovers, you should have not been the man, who cares for you should have not beart will show the man, who cares for you are however, you should have not beart will show the man, who cares for you. If show then roughly show the arm will show the man, who cares for you are however, you should have not beart will show the man, who cares for you. If show then roughly make yourself should have not bear with samall piece of camphor in the difficulty in letting him know it. Your show the restant and the girls have a little common sense, little stimulants of any kind; no add a pint of water.

The entire secret of flesh reducing to the number of any page, with Senorita Lucreria Borl, the far with Senor

months!" ex-

LUTTLEZIA LOFT rassing fat!" she continued, "And oh, the difference to me! Any woman with a will can lose with great care, for there is langer of taking cold.

My friend's husband declares the plan cold.

My friend's husband declares the plan cold. She gave me the "cure" which had

duction is that she looks younger, ture of the body seems normal. Then fresher, less wrinkled than when she was so plump.

ture of the body seems normal. Then the patient is rubbed down with a preparation of alcohol, sait and camphor. This rub-down compound is

HIRTY- TWO one can without over-exertion.

Besides some few minor e that is all of the system. But if you adhere strictly to it, with no months! exclaimed a
claimed a
friend whom I met
ecently and gazed
it in astonishment,
and more contented with life, it will it in astonishment, and more contented with life, it will for there didn't pay for all the hardships of the train-

seem to be half as much of her as when I saw her last. "Thirty-two pounds of useless, iring, disfiguring, ambarinnoying, embar- lot of clothes and stay there until you feel as if you were in a sea. Under the clothes rub your body during the sweating process. Begin the cooling off

followed is the same used when cool-She gave me the "cure" which had ing off a race horse after the race. worked such wonders for her, for one of the remarkable things about her re- one cover at a time, until the temperaphor. This rub-down compound is made with a pint of alcohol in which is dissolved an ounce of camphor gum



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Secrets of Health and Happiness

How Bicycle Riding Improves Your Figure

By Dr. LEONARD KEENE HIRSHBERG

A. B., M. A., M. D. (Johns Hopkins).

IFE is a circle. Even inert, non-living bodies move in circular, or curving, spheres.

A cat curls up before the fireplace in a circle. orlds spin in space in circles. Drops of fluid, dew, rain and water all form circles or globules. The human race is doubling up like a jackknife into a circle. Round shoulders, the shuffle walk, the bow legs and knock knees, these and various other deformities, such as curvature of the spine, humpback, paralyzed arms and legs,

Electrons, atoms, and molecules all move in circles, as strange tendencies of mineral and living things teach the physiological fact that physical culture and muscular exercises, which involve circular curve movements. DR HIRSHBERG, ald the human drift and proclivity toward stable health. Bicycle riding, dancing, rowing, swimming, boxing, tennis playing and baseball playing are all superior, therefore to walking, massage, golf playing, horseback riding and indoor gymnastics.

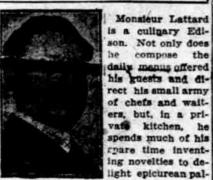
Bicycle riding is, par excellence, one of the ideal forms of outdoor action. The word cycle means circle, and bicycle is a double circle.

Useless, indeed, is the motorcycle and automobile as far as muscular development and a reduction of weight is concerned. Wheeling, nevertheless, with the circular motion of your pedal extremitties, surpasses walking and riding, and equals dancing and swimming as an outdoor sport.

Muscular growth usually means decrease in redundant fat. It is a thing of compact solidity and wholeness. There is no loss in strength, but a great gain in force, efficiency, and power.

Women should, if sound in body, take do the wireless waves of the atmosphere. All of these

Menu Inventions By M. LATTARD.



light epicurean pal-M. LATTARD few of these rare velties he offers to the readers of this

Oysters Remick.

Take the desired number of mediumsized oysters, steam until they open.

Take the flat shell off and lay aside in
a warm place. In the meanwhile fry
some bacon; when almost done, cut in

of good s mayonnaise, add six tablespoonfuls of chili sauce, three tablespoonfuls of an oyster sauce, salt pepper, one-fourth teaspoonful of curry powder, one-hall teaspoonful of powdered English mus-

in the form of presents. I don't. When I suggested a simpler wedding Mary was so disappointed and cried so hard that I really hadn't the heart to deny her. 'Don't think I'm a piker, Peter," he added, hastily. "It isn't that, goodness knows, but a wedding like this isn't an investment that brings adequate returns. It's a foolish extravagance. The women are tired out—absolutely! Molly's so worn out she's ready to cry Molly's so worn out she's ready to cry in the least offending with roses and vines of the least offending and vines of reality. After all, Mary colored "I was," she said. "but Ruth Morton's 'I was," she said. "but Ruth Morton's mother in some ways is a very clever woman. What phenomenal bursts of mother in some ways is a very clever woman. What phenomenal bursts of mother in some ways is a very clever woman. What phenomenal bursts of mother in some ways is a very clever woman. What phenomenal bursts of mother in some ways is a very clever woman. What phenomenal bursts of mother in some ways is a very clever woman. What phenomenal bursts of mother in some ways is a very clever woman. What phenomenal bursts of mother in some ways is a very clever woman. What phenomenal bursts of mother in some ways is a very clever woman. What phenomenal bursts of mother in some ways is a very clever woman. What phenomenal bursts of mother in some ways is a very clever woman. The least offending one's sense of reality. After all, Mary colored "I was," she said. "but Ruth Morton's and slower wood washington, and she pushed that I really hadn't the heart to deny woman. The least offending one's sense of reality. After all, Mary colored "I was," she said. "but Ruth Morton's just back from Washington, and she pushed was, is the suit was," she said. "but Ruth Morton's just back from Washington, and she pushed was, is the suit was," she said. "but Ruth Morton's just back from Washington, and she pushed was, is a very clever woman. The said was, "I was," she said. "but Ruth Morton's just back from Washington, and she pushed w

Canape Stickney. Take an artichoke bottom, fry it in butter, and let it cool off. Take equal parts of crab meat, herring in white wine and bananas, the whole chopped very fine. Season to taste with salt, pepper, celery salt, paprika, English mustard and curry powder. Mix thor-oughly, and place in the ice box. Take now enough white of egg, ac-



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Washington. Once you

try it you will always



Ouestions

R. D.—What will remove freckles from

daily means offered his guests and direct his small army of chefs and waiters, but, in a pri-

Change your habits. Do not drin tea. coffee, beer, or liquors. Obtain ter hours' sleep at night. Row, swim, dance and ride a bicycle. Keep in the ope.

2. Try white precipitate ointment.

Dr. Hirshburg will answer question hygienic and sanitation subjects tha are of general interest. He will no

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